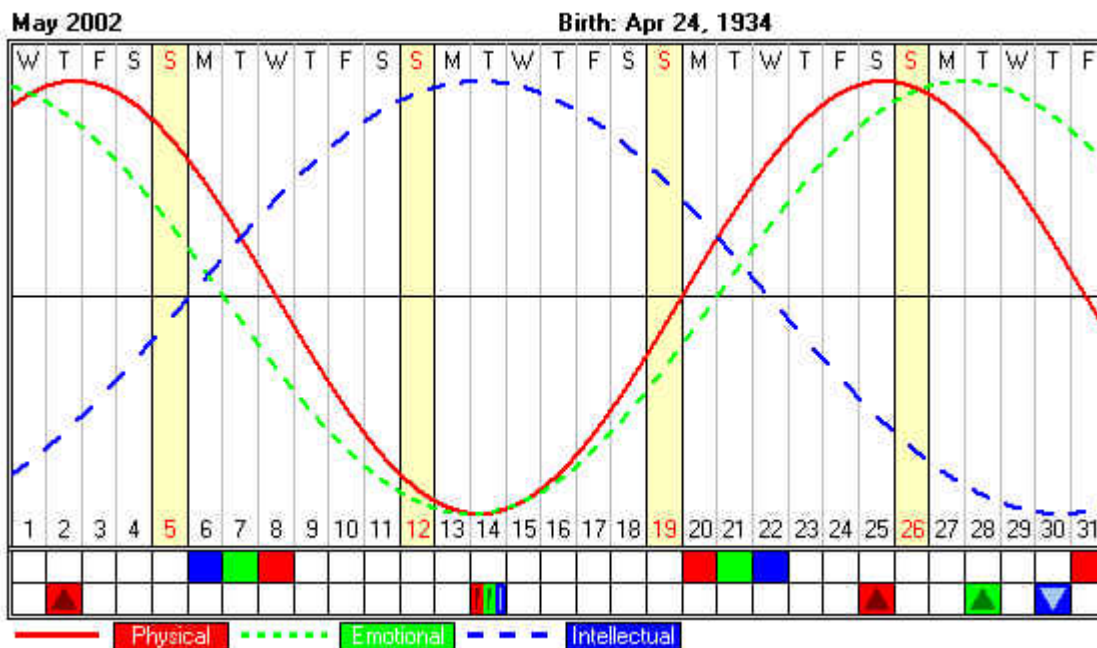


Biorhythms

Three-Month Biorhythm Report

for Shirley Maclaine



This Astro Scope Report is from:
The Scope 2000
 Brooklyn, NY 11218
 (718) 972-7563
The Scope 2000: "Helping You Expand Your Scope"

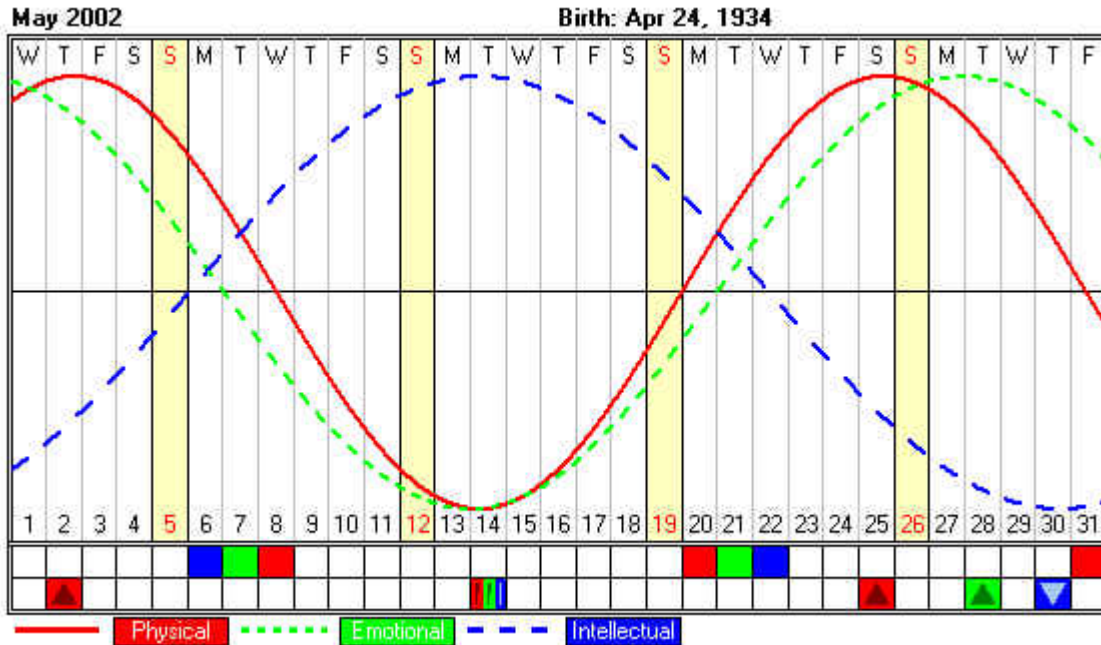
Biorhythms for Shirley Maclaine

Although biorhythms (as presented here) have only been the subject of research since the 1890's, the up & down cycles in our lives are known to all. Alternating periods of stress and release in life are common knowledge. The study of biorhythms concentrates on three particular cycles: a 23 day cycle of physical stamina, a 28 day cycle of emotional and creative energy, and a 33 day cycle of mental or intellectual activity. Each of these cycles alternates from a hi period to a low period. The two days when each cycle crosses from "high" to "low" and vice-versa have been called critical or changing days. Since this biorhythm chart is produced by a computer, you can be sure that it is accurate, providing your correct birthdate appears on the previous page. This report can serve as a guide to the rhythms or cycles in your life. It is up to you to take note of these cycles and respond accordingly. Biorwriter offers you an opportunity to discover ways to take advantage of life's natural rhythms.

How to Use This Report

Your biowriter report consists of three separate sections: (1) a "bio-graph" showing the flow of all three cycles for the month, (2) a "key-day chart" that hilights both critical days (upper row) and high/low days (lower row), & (3) "event details" -- a written description of major biorhythmic events for the month. Here is how to use each of these sections: The "bio-graph" shows each of the three cycles as a separate line plotted against the days of the month. The so-called "critical days" are the two days when each curve crosses the straight line in the middle of the graph. Most books on biorhythms state that these critical days are accident-prone. So take note. Aside from the critical days, there are the "high" and "low" days in the month for each cycle. The "high" days for each cycle are where the curve reaches the top of the graph, the "low" days where it touches bottom. When all three cycles are considered together, the curves combine to re-enforce or work against one another. The "key day" chart (below the graph) indicates the critical days (upper row) and the high/low days (lower row) for the month at a glance. The particular cycle involved is indicated by a letter (p=physical, e=emotional, i=intellectual) and if more than one cycle peaks on a day, an asterisk is used. Days which have both upper and lower boxes filled are more significant. The "event details" offer a brief guide to major events for the month. Each paragraph summarizes the combined state of all three cycles and provides a possible interpretation. These are very general interpretations and are not meant to be dogmatic. You may have to adapt them to your particular situation. We hope you find them useful.

Report for May 2002



May 02 If it feels good, do it. That's the kind of day it is. Don't think twice (or even once!) because now is the time for feeling and doing. This good time will continue and you will feel even better about it within several days. Not a time for decisions.

May 06 These are the times when we are really thankful to be alive. Everything is working in harmony right now, so show yourself off and be in the right places. Sow your seeds now so that you can have a great harvest later. You're lookin' good!

May 07 A vital time during which you will be able to clearly see the alternatives before you with a very clear mind. This is an excellent time for you to pursue studies and oversee projects. Your emotional and artistic side is in the background now.

May 08 Perhaps an irritable time since you may not have the energy to carry out the dictates of your mind. You may not 'feel like' doing what you can see ought to be done. Some relief from this attitude in several days. Still, a kind of quiet time.

May 14 The mind is willing, but the body is weak. You have the mind to take care of business, but find yourself at a loss for the energy to do the job. Your attitude is not the best either. Perhaps a more

reflective pursuit is in order.

May 20 You're a sharpie these days. Your mind is alert and your coordination is super. You may have a tendency to be insensitive to the feelings of others. You may sense a certain lack of feeling or what you would label as a 'poor attitude'.

May 21 These are the times when we are really thankful to be alive. Everything is working in harmony right now, so show yourself off and be in the right places. Sow your seeds now so that you can have a great harvest later. You're lookin' good!

May 22 If it feels good, do it. That's the kind of day it is. Don't think twice (or even once!) because now is the time for feeling and doing. This good time will continue and you will feel even better about it within several days. Not a time for decisions.

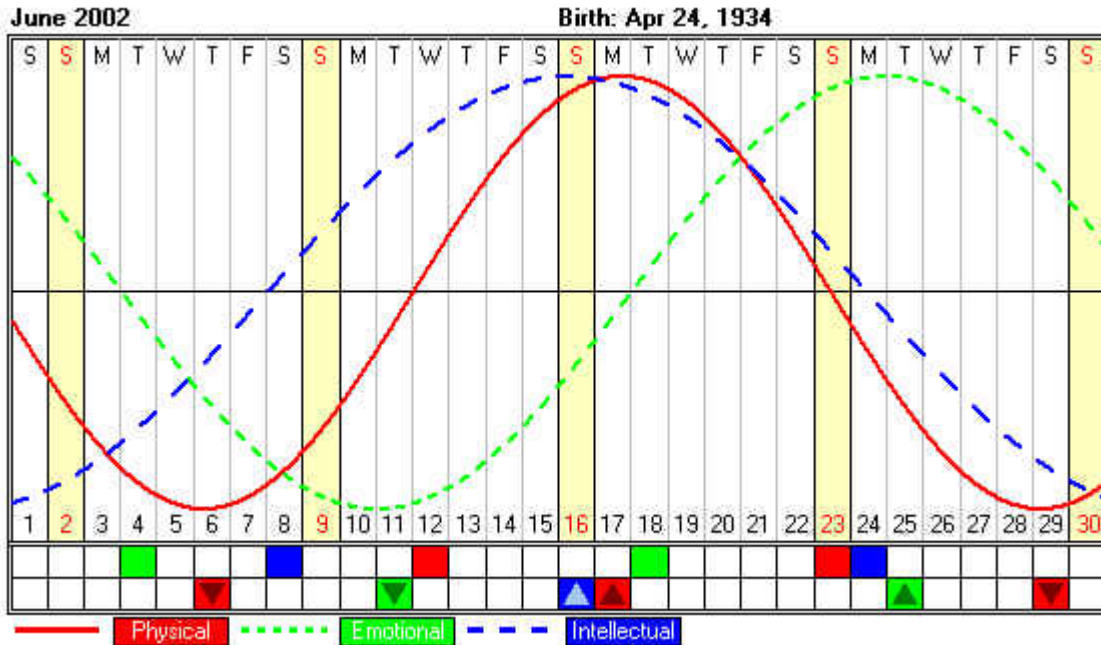
May 25 If it feels good, do it. That's the kind of day it is. Don't think twice (or even once!) because now is the time for feeling and doing. This good time will continue and you will feel even better about it within several days. Not a time for decisions.

May 28 You can feel a real physical push coming on as you turn the corner into some really high times. You're right on target in the creative sphere too! Only your mental attitude is lagging behind. So, don't study or decide too much on this day.

May 30 Don't let your mind hold you back. Not everything benefits from being thought out. Sometimes we just feel like cutting loose. You can feel a real 'time' coming on and you're right on target. Don't think twice, just let go and enjoy it.

May 31 Read a good book or listen to some challenging music. Your creative juices are in full swing and you can appreciate more than usual. A bad time to make plans or decisions. You are closing off a section of time. Emotional high.

Report for June 2002



Jun 04 You are still physically low or less active, but are entering the upswing arc. Not a day to make either emotional or mental decisions, as both these departments are in a state of great flux. You are changing your mind and how you feel.

Jun 06 You are still physically low or less active, but are entering the upswing arc. Not a day to make either emotional or mental decisions, as both these departments are in a state of great flux. You are changing your mind and how you feel.

Jun 08 You're feeling a little rocky and at kind of a low ebb, in general. The one exception is your mind which is coming into a time of greater focus. You can think clearly now and for many days to come. Do the bookwork and make mental decisions soon.

Jun 11 Perhaps an irritable time since you may not have the energy to carry out the dictates of your mind. You may not 'feel like' doing what you can see ought to be done. Some relief from this attitude in several days. Still, a kind of quiet time.

Jun 12 You're a sharp these days. Your mind is alert and your coordination is super. You may have a tendency to be insensitive to the feelings of others. You may sense a certain lack of feeling or what

you would label as a 'poor attitude'.

Jun 16 You can feel yourself moving into hi-gear despite some unsettling emotional pangs. You can really see what needs to be done, so supervise, manage, oversee, and take care of all that comes to your attention. Emotions unsettled.

Jun 17 A vital time during which you will be able to clearly see the alternatives before you with a very clear mind. This is an excellent time for you to pursue studies and oversee projects. Your emotional and artistic side is in the background now.

Jun 18 These are the times when we are really thankful to be alive. Everything is working in harmony right now, so show yourself off and be in the right places. Sow your seeds now so that you can have a great harvest later. You're lookin' good!

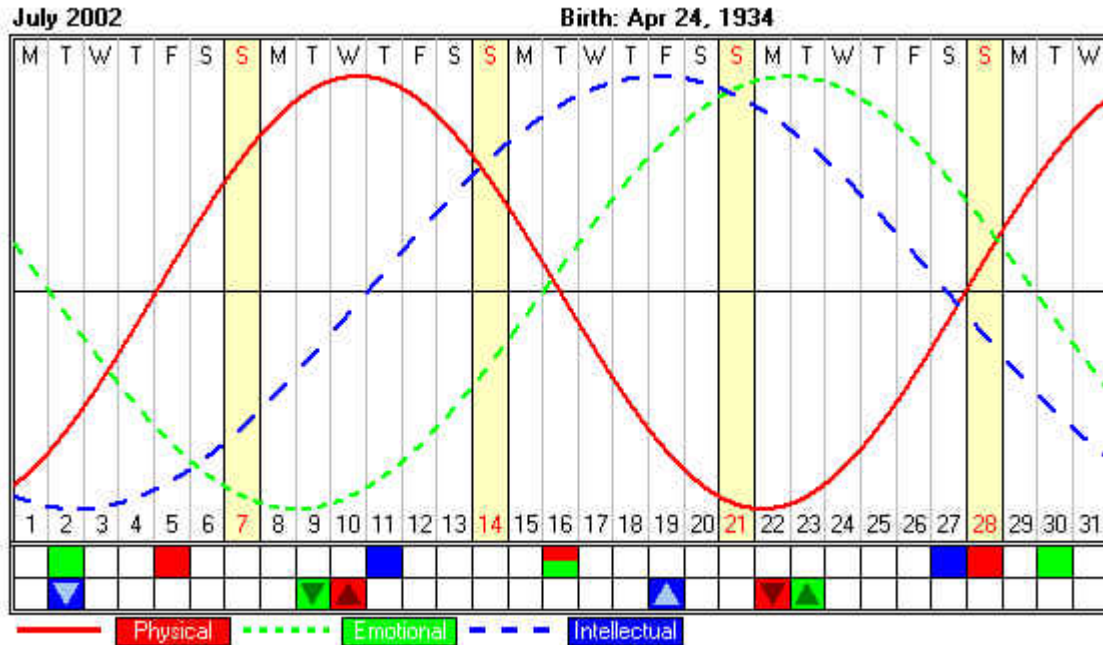
Jun 23 You have an unbeatable attitude just now. Right on the money! However, you may not have the umph(!) to do a whole lot about it. Creative and studious pursuits would represent a good investment of this time. More in-going than out.

Jun 24 A low energy time coupled with possible indecision. Don't make plans today unless they concern how you feel about your life. You are experiencing fresh insight into how you feel (your emotions) and a new perspective will soon emerge.

Jun 25 Read a good book or listen to some challenging music. Your creative juices are in full swing and you can appreciate more than usual. A bad time to make plans or decisions. You are closing off a section of time. Emotional high.

Jun 29 A low energy time coupled with possible indecision. Don't make plans today unless they concern how you feel about your life. You are experiencing fresh insight into how you feel (your emotions) and a new perspective will soon emerge.

Report for July 2002



Jul 02 Tired and dull too? This might not be your favorite day. but it's part of the game, so bear with it. It may be a day or two before you pull clear of this one. Emotions are on the line. This is one to 'ride out' into the next phase.

Jul 05 A time to let old thoughts go and move ahead into something new. Could be feeling low... everything seems 'too much'. Not to worry. You will be finding all kinds of new energy over the next few days that will bring a real feeling back to life.

Jul 09 A time to let old thoughts go and move ahead into something new. Could be feeling low... everything seems 'too much'. Not to worry. You will be finding all kinds of new energy over the next few days that will bring a real feeling back to life.

Jul 10 A good time to take that hike or go for a walk. Physically life feels great. Enjoy this high energy, but take note that making decisions (either mental or emotional) should be avoided. Any decisions will have to be re-thought later.

Jul 11 A vital time during which you will be able to clearly see the alternatives before you with a very clear mind. This is an excellent time for you to pursue studies and oversee projects. Your

emotional and artistic side is in the background now.

Jul 16 You feel like doing your best. The last few days have been more than promising. Perhaps, a change of focus. Less active outwardly, but still very high-powered in the creative and mental worlds. How does it feel to work with the creative forces?

Jul 19 You feel like doing your best. The last few days have been more than promising. Perhaps, a change of focus. Less active outwardly, but still very high-powered in the creative and mental worlds. How does it feel to work with the creative forces?

Jul 22 Creative mental ability is coming to the fore. Not a lot of pep however, so this might be the day to curl up with a really challenging book or game. Do some planning or design that new room's layout. Creative solutions are yours.

Jul 23 You have an unbeatable attitude just now. Right on the money! However, you may not have the umph(!) to do a whole lot about it. Creative and studious pursuits would represent a good investment of this time. More in-going than out.

Jul 27 A low energy time coupled with possible indecision. Don't make plans today unless they concern how you feel about your life. You are experiencing fresh insight into how you feel (your emotions) and a new perspective will soon emerge.

Jul 28 You can feel a real physical push coming on as you turn the corner into some really high times. You're right on target in the creative sphere too! Only your mental attitude is lagging behind. So, don't study or decide too much on this day.

Jul 30 A good time to take that hike or go for a walk. Physically life feels great. Enjoy this high energy, but take note that making decisions (either mental or emotional) should be avoided. Any decisions will have to be re-thought later.